

COMMUNITY RESOURCE ASSISTANCE GUIDE

Pamlico County, NC

North Carolina Division of Workforce Solutions



12/7/2021

COMMUNITY RESOURCE ASSISTANCE GUIDE

Pamlico County, NC

Agricultural Services

Agency Name: NC Cooperative Extension – Pamlico County Center
Address: 13724 NC Hwy 55, Bayboro, NC 28515
Phone: 252.745.4121
Fax: 252.745.5082
Email: daniel_simpson@ncsu.edu
Website: <https://pamlico.ces.ncsu.edu/>
Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)
Service(s) Offered: Partners with communities to deliver education and technology that enrich the lives, land and economy of North Carolinians.

Agency Name: USDA North Carolina Farm Service Agency
Address: 304 Industrial Drive, New Bern, NC 28585
Phone: 252.637.3567 Ext. 2
Fax: 844.325.6900
Email: amy.coffey@usda.gov
Website: www.fsa.usda.gov
Hours of Operation: Monday – Friday from 8am-4:30pm (Except federal holidays)
Service(s) Offered: Aerial photography, disaster assistance programs, conservation programs, agricultural risk coverage & price loss coverage, energy programs, farm loan programs, farm reconstitutions, public affairs and outreach services.

Business Services

Agency Name: Eastern Carolina Workforce Development Board
Address: 1341 S. Glenburnie Road, New Bern, NC 28562
Phone: 252.636.6901
Fax: 252.638.3569
Email: admin@ecwdb.org
Website: www.ecwdb.org
Hours of Operation: Monday – Friday from 9am-5pm
Service(s) Offered: The ECWDB collaborates with local businesses, government, and education partners to develop effective programs and services that improve the workforce. In doing so, we are creating a talent pipeline that will result in satisfied employers offering long-term employment and increased wage earnings.

Agency Name: Pamlico County Chamber of Commerce
Address: 10642 NC Hwy 55 E, Grantsboro, NC 28529
Phone: 252.745.3008
Email: pamlicochamber@gmail.com
Website: www.pamlicochamber.com
Service(s) Offered: The Chamber's mission is organized to advance the general welfare and prosperity of Pamlico County so that its citizens and all areas of its business community shall prosper. It encourages the growth of existing



industries and businesses while giving all proper assistance to any new firms or individuals seeking to locate in the Pamlico County area.

Agency Name: **Pamlico County Office of Economic Development**
Address: 302 Main Street, Bayboro, NC 28515
Phone: 252.745.3081
Email: beth.bucksot@pamlicocounty.org
Website: www.pamlicocounty.org
Hours of Operation: Call for an appointment
Service(s) Offered: Provides information and assistance in the areas of improving the business climate; promoting economic development via identified sustainable economic growth pathways; assisting entrepreneurial activities, tourism and other business opportunities; and providing a variety of economic development and other services and information to residents, visitors, developers and businesses interested in Pamlico County.

Childcare/Youth Services

Agency Name: **Coastal Community Action**
Address: 303 McQueen Ave., Newport, NC 28570
Phone: 252.223.1630
Fax: 252.223.1689
Email: catissa.head@coastalca.org
Website: www.coastalca.org
Hours of Operation: Monday – Friday from 8am-5pm
Service(s) Offered: Help change lives by providing needed resources and support. Provides needed services to thousands of residents in our region annually. This includes Head Start and Early Head Start program. Serve the following counties: Carteret, Craven, Jones, and Pamlico Counties.

Agency Name: **Department of Social Services**
Address: 828 Alliance Main Street, Bayboro, NC 28515
Phone: 252.745.4086
Fax: 252.745.7384
Email: dgreen@pamlicodss.net
Website: www.pamlicocounty.org
Hours of Operation: Monday - Friday from 8am-5pm
Service(s) Offered: Provides Children's Services, Child Support, Adult Services, Energy Assistance Support, Food Stamp/Work First (TANF), Medicaid and Transportation for the citizens of Pamlico County.

Agency Name: **Heartworks**
Address: 705 Main Street, Bayboro, NC 28515
Phone: 252.745.9703
Fax: 252.745.9706
Email: info@heartworksnc.org
Website: www.heartworksnc.org/
Hours of Operation: Please call for an appointment.
Service(s) Offered: Addresses the underserved mental and physical health needs of youth and their families in Pamlico County and surrounding areas. Programs includes



academic lessons, life skills development, the promotion of positive physical and mental health, and family advocacy. Provide children and their families with affordable and effective resources.

Agency Name: Pamlico County Schools
Address: 507 Anderson Drive, Bayboro, NC 28515
Phone: 252.745.4171
Website: www.pamlicocountyschool.org
Hours of Operation: Monday – Friday from 7:30am – 4pm
Service(s) Offered: Pamlico County Schools, in partnership with home and community, will prepare all students for further education and to be productive, responsible citizens who function effectively in a changing world.

Agency Name: Pamlico Child & Family Therapy
Address: 13814 NC-55, Bayboro, NC 28515
Phone: 252.745.7401
Fax: 252.745.7400
Mobile Crisis: 866.437.1821
Email: pamlicocft@gmail.com
Website: www.pamlicocft.com/
Hours of Operation: Please call for an appointment.
Service(s) Offered: Provides personalized outpatient therapeutic services to children, families and adults. Services include Eye Movement Desensitization & Reprocessing with a Certified Clinician, therapy for depression & anxiety, school risk assessments, stress & anger management, conflict resolution, couples & family therapy, comprehensive clinical assessment, trauma focused cognitive behavioral therapy, grief counseling, behavioral modification, ADD & ADHD assistance, substance use evaluation & therapy, expressive arts therapy and medication management.

Agency Name: Pamlico Partnership for Children
Address: 702A Main Street, Bayboro, NC 28515
Phone: 252.745.7850
Email: susan@pamlicopartnership.org
Website: www.pamlicopartnership.org
Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)
Service(s) Offered: Provides programs and services for children ages 0 to 5. Supports child care, serves as a community resource and is a support of a growing effort to aid families and children in Pamlico County.

Clothing/Furniture

Agency Name: Goodwill Community Foundation (GCF) Global Donation Center & Store
Address: 560 McCarthy Boulevard, New Bern, NC 28562
Phone: 252.635.4846
Website: <http://www.gcfglobal.org/>
Hours of Operation: Monday – Friday from 9am-8:30pm, Saturdays 9am-
Service(s) Offered: Retail store, clothing and other items at low cost.



Agency Name: **Hospice Thrift Store of Pamlico**
Address: 602 Main Street, Bayboro, NC 28515
Phone: 252.745.5033
Email: tonya@hospiceofpamlico.com
Website: www.hospiceofpamlico.org
Hours of Operation: Monday – Friday from 10am-4pm & Saturday 10am-1pm
Service(s) Offered: Retail store, clothing and other items at low cost.

Agency Name: **Pamlico County ReStore, Habitat for Humanity**
Address: 14172 Hwy 55 West, Bayboro, NC 28515
Phone: 252.745.1106
Email: hghpamlico@gmail.com
Website: www.pamlicocountyhabitat.org
Hours of Operation: Monday – Saturday from 10am-3pm
Service(s) Offered: Retail store, clothing and other items at low cost.

Agency Name: **Religious Community Services**
Address: 919 George Street, New Bern, NC 28563
Phone: 252.633.2767
Fax: 252.633.1887
Email: zebhough@rcsnewbern.com
Website: www.rcsnewbern.com
Hours of Operation: Monday – Friday from 8am-1pm
Service(s) Offered: Assist the poor, homeless, and most vulnerable populations with surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and spirit.

Agency Name: **Salvation Army Thrift Store**
Address: 13708 NC-55, Bayboro, NC 28515
Phone: 252.745.3528
Website: www.salvationarmyusa.org
Hours of Operation: Monday – Saturday from 9am-4pm (Except holidays)
Service(s) Offered: Retail store, clothing and other items at low or no cost.

Disaster/Emergency Services

Agency Name: **American Red Cross – Coastal Carolina Chapter**
Address: 35 Shoreline Drive, New Bern, NC 28562
Phone: 252.637.3405
Emergency Services: **877.272.7337**
Email: james.jarvis3@redcross.org
Website: www.redcross.org
Hours of Operation: Call for an appointment (Except holidays)
Service(s) Offered: Prevents and alleviates human suffering in the face of emergencies. Services include shelter, food, emotional support to victims of disaster; teach life-saving skills; provide international humanitarian aid and support



military members and their families. They serve the communities of Brunswick, Carteret, Columbus, Craven, Duplin, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, and Wayne Counties.

Agency Name: Pamlico County Disaster Relief Coalition
Address: 11560 NC Hwy 55, Grantsboro, NC 28529
Phone: 252.670.3413
Website: www.pamlicocounty.org
Hours of Operation: Call for an appointment
Service(s) Offered: Provides disaster/emergency services to the citizens of Pamlico County.

Domestic Violence/Sexual Assault

Agency Name: Coastal Women's Shelter
Address: 210 Vandemere Road, Unit B, Bayboro, NC 28515
Phone: 252.571.5486
24-Hour Crisis Line: 252.638.5995
Email: cwspamlico@coastalwomensshelter.net
Website: www.coastalwomensshelter.org
Hours of Operation: Monday – Friday from 8am-5pm (Except holidays)
Service(s) Offered: Offer a comprehensive program to assist victims of domestic and family violence to Craven, Jones and Pamlico Counties. Services include a 24/7 crisis line, a safe house, court advocacy services, support groups, and crisis counseling.

Agency Name: Promise Place
Address: 11097 Hwy 55, Grantsboro, NC 28529
Phone: 252.745.9439
24-Hour Crisis Line: 252.635.7096
Email: director@promiseplacenc.org
Website: www.promiseplacenewbern.org
Hours of Operation: Monday – Friday from 8am-5pm (Except holidays)
Service(s) Offered: Services include a 24/7 crisis line, advocacy, community outreach, support groups, mental health and crisis counseling for citizens of Craven, Jones and Pamlico Counties.

Education/Training

Agency Name: Craven Literacy Council
Address: 2507-A Neuse Boulevard, New Bern, NC 28562
Phone: 252.637.8079
Fax: 252.636.2603
Email: info@cravenliteracy.org
Website: <http://www.cravenliteracy.org/>
Hours of Operation: Monday – Thursday from 9am-3pm (Except holidays)
Service(s) Offered: Basic Literacy and English Language Proficiency, Math Competency, Skills Related to Computers and Employment, Test-Taking Preparedness for the GED, US Citizenship, etc. Offer free confidential tutoring for adults in Craven, Jones, and Pamlico counties.

Agency Name: **Job Corps**
Address: NCWorks Building, 3101 Bismarck Street, Greenville, NC 27834
Phone: 252.355.9067 Ext. 224
Email: wright.brianna@jobcorps.org
Website: <https://www.jobcorps.gov>
Hours of Operation: Monday – Friday from 8am-5pm
Service(s) Offered: Offers a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 to 24 improve the quality of their lives through career technical and academic training.

Agency Name: **NC Division of Vocational Rehabilitation**
Address: 2832 Neuse Boulevard, New Bern, NC 28562
Phone: 252.514.4727
Toll Free: **877.858.8470**
Website: www.ncdhhs.gov/division/dvrs
Hours of Operation: Monday - Friday from 8am - 5pm (Except holidays)
Service(s) Offered: Supported Employment Services, Job-Seeking Skills Training, Job Placement, and Follow Up, Independent Living Services, Assistive Technology, Client Assistance Program, and Disability Determination Services.

Agency Name: **NCWorks Career Center – Craven/Green Lamp Inc.**
Address: 2836 Neuse Boulevard, New Bern, NC 28562
Phone: 252.514.4828 Ext. 241
Mobile: 252.229.5209
Fax: 252.514.4840
Email: duane.clarks@ncworks.gov
Website: www.ncworks.gov
Hours of Operation: Monday – Friday from 8am-4:30pm (Except state holidays)
Service(s) Offered: This program offers training services for individuals who may need training for the labor market. Those served include unemployed individuals, individuals who have been laid off due to no fault of their own, low income job seekers and youth. Provides free scholarships & grants.

Agency Name: **Pamlico Community College**
Address: 5049 NC Hwy 306 South, Grantsboro, NC 28529
Phone: 252.249.1851
Fax: 252.249.1622
Website: www.pamlicocc.edu
Hours of Operation: Monday – Friday from 7:30am-4:30pm (Except holidays)
Service(s) Offered: Academic Programs, Distance Learning, Corporate and Continued Education Training, ED2Go Online Training Courses. Skills/National Career Readiness Certificate. Also, provides a convenient location for job seekers and employers to find employment and training assistance.
HRD/Employability



Employment Services

Agency Name: **Easter Seals UCP NC & Virginia**
Address: 2801 Neuse Boulevard, New Bern, NC 28562
Phone: 252.636.6007
Fax: 252.636.3732
Website: <https://www.easterseals.com/NCVA/>
Hours of Operation: Monday - Friday from 8:30am-5pm (Except state holidays)
Service(s) Offered: Leading provider of disability related-services in the communities in which we serve. Our purpose is to provide meaningful and exceptional services so that children and adults living with disabilities and mental health challenges can live, learn, work and play in their communities. We serve Craven, Jones, and Pamlico Counties.

Agency Name: **NCWorks Career Center - Craven**
Address: 2836 Neuse Boulevard, New Bern, NC 28562
Phone: 252.514.4828
Fax: 252.514.4840
Email: ncworks.6500@nccommerce.com
Website: www.ncworks.gov
Hours of Operation: Monday – Friday from 8am-4:30pm (Except state holidays)
Service(s) Offered: Jobseeker, Veterans, and Business Services. Provides career counseling, resume/interviewing assistance, labor market info, career assessments and WIOA Training Programs. Offers referrals to community partners i.e. DSS, Craven-Pamlico Re-Entry Services, Coastal Community Action, any others. Career Center has a Computer Resource Center comprised of public computers, free internet, fax, and phone services available for work search purposes.

Agency Name: **Senior Community Service Employment Program (SCSEP)**
Address: 407 East Boulevard, Williamston, NC 27892
Phone: 252.792.7816
Mobile: 252.802.1077
Fax: 252.792.2479
Email: griffiny273@gmail.com
Website: <https://www.ncdhhs.gov>
Hours of Operation: Monday – Friday from 8:30am-5pm (Except state holidays)
Service(s) Offered: If you are 55 years or older and economically disadvantaged, the SCSEP is available to you through the Division of Aging and Adult Services and other agencies in North Carolina. The Senior Community Service Employment Program, funded through Title V of the Older Americans Act, places individuals 55 and older who are economically disadvantaged into useful part-time community service programs while helping them transition into unsubsidized employment.



Financial/Emergency Services

Agency Name: Catholic Charities
Address: 502 Middle Street, New Bern, NC 28560
Phone: 252.638.2188
Fax: 252.638.2417
Email: agnes.barber@raldioc.org
Website: <http://www.catholiccharitiesraleigh.org/new-bern/>
Hours of Operation: Monday - Thursday from 8:30am-12pm & 1pm-5pm
Service(s) Offered: Offers financial assistance, counseling, disaster prep & recovery, senior pharmacy and clinical counseling to the poor, isolated and vulnerable families in Eastern Carolina, regardless of faith. Serves Beaufort, Carteret, Craven, Jones, Onslow, and Pamlico Counties.

Agency Name: Religious Community Services
Address: 919 George Street, New Bern, NC 28563
Phone: 252.633.2767
Fax: 252.633.1887
Email: zebhough@rcsnewbern.com
Website: www.rcsnewbern.com
Hours of Operation: Monday – Friday from 8am-1pm
Service(s) Offered: Assist the poor, homeless, and most vulnerable populations with surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and spirit.

Agency Name: Salvation Army
Address: 13708 Hwy 55 S, Alliance, NC 28509
Phone: 252.745.3828
Website: <https://www.salvationarmycarolinas.org/>
Hours of Operation: Monday – Thursday from 8:30am-11:30am & 1pm-3:30pm & Fridays from 8:30am-12pm
Service(s) Offered: Enhances the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work. Provides rent/utilities assistance.

Food Pantries/Soup Kitchens

Agency Name: Food Bank of Central & Eastern North Carolina
Address: 1702 Red Robin Lane, New Bern, NC 28562
Phone: 252.577.1912
Website: www.newbern.foodbankenc.org
Hours of Operation: Tuesday-Thursday from 9am-3pm
Service(s) Offered: Distributes food to families who are at or below the poverty line. Serves Carteret, Craven, Jones, Onslow, and Pamlico Counties.

Agency Name: **Religious Community Services**
Address: 919 George Street, New Bern, NC 28563
Phone: 252.633.2767
Fax: 252.633.1887
Email: zebrough@rcsnewbern.com
Website: www.rcsnewbern.com
Hours of Operation: Monday – Friday from 8am-1pm
Service(s) Offered: Assist the poor, homeless, and most vulnerable populations with surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and spirit.

Agency Name: **Salvation Army**
Address: 13708 Hwy 55 S, Alliance, NC 28509
Phone: 252.745.3828
Website: <https://www.salvationarmycarolinas.org/>
Hours of Operation: Monday – Thursday from 8:30am-11:30am & 1pm-3:30pm & Fridays from 8:30am-12pm
Service(s) Offered: Enhances the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work. Provides rent/utilities assistance.

Former Offender/Justice Involved Services

Agency Name: **Craven-Pamlico Re-Entry Council**
Address: 705 Main Street, Bayboro, NC 28515
Phone: 252.631.9525
Email: angela.wilson@cpreentrync.org
Website: www.cpreentrync.org
Hours of Operation: Please call for an appointment.
Service(s) Offered: Assist former offenders with removing employment, training, and housing barriers to they can successfully reenter society.

Health Care

Agency Name: **Hope Clinic**
Address: 203 North Street, Bayboro, NC 28515
Phone: 252.745.5760
Fax: 252.745.5734
Website: www.hopeclinic.net
Email: sheri@hopeclinic.net
Hours of Operation: Monday – Friday from 10am-3pm & Thursday from 10am-8:30pm
Service(s) Offered: Provide free medical care to low-income and uninsured adults in Pamlico County and surrounding communities.

Agency Name: **MERCI Clinic**
Address: 1315 Tatum Drive, New Bern, NC 28560
Phone: 252.633.1599
Fax: 252.634.9889
Email: director@merciclinic.org
Website: www.merciclinic.org
Primary Care Hours: Tuesdays & Thursdays from 8am-5pm
Pharmacy Hours: Tuesdays & Thursdays from 10:30am-4pm
Service(s) Offered: Free Primary Care Clinic, pharmacy and dental services to eligible patients (low income, uninsured residents of Craven, Jones, and Pamlico Counties).

Agency Name: **Pamlico County Health Department**
Address: 203 North Street, Bayboro, NC 28515
Phone: 252.745.5111
Fax: 252.745.6548
Email: scott.lenhart@pamlicocounty.org
Website: www.pamlicocounty.org
Community Kitchen: Monday – Friday from 8am-5pm (Except county holidays)
Service(s) Offered: Pamlico County Health Department strives to promote the optimal health of the residents of Pamlico County through high quality professional services, to foster public trust, minimize identified public health risks, and ensure the safety of the environment for future generations. Services include Family Planning, CD/STD/STI Clinic, Adult Health, Immunizations, Tuberculosis Program and Sick Care Clinic.

Legal Services

Agency Name: **Legal Aid of North Carolina**
Address: 301 Evans Street, Suite 102, Greenville, NC 27858
Phone: 252.758.0113
Fax: 252.758.2843
Toll Free: **866.219.5262**
Website: www.legalaidnc.org
Hours of Operation: Monday – Friday from 8:30-5pm
Service(s) Offered: Provides free legal help to low-income individuals in Beaufort, Carteret, Craven, Hyde, Jones, Martin, Pamlico, Pitt, Tyrell, and Washington Counties.

Library Services

Agency Name: **Pamlico County Library**
Address: 603 Main Street, Bayboro, NC 28515
Phone: 252.745.3515
Fax: 252.745.3847
Website: <http://www.pamlicolibrary.com/index.php/en/>
Hours of Operation: Monday – Tuesday from 12pm-8pm, Wednesday – Thursday from 9am 8pm, Friday from 9am-6pm and Saturday 10am-2pm.



Service(s) Offered: Creates young learners and foster lifelong learning. Provides information, recreational, and educational materials, ample facilities, knowledgeable staff, and access to the online world.

Local/County Government

Agency Name: Pamlico County Government
Address: 302 Main Street, Bayboro, NC 28515
Phone: 252.745.3133
Website: www.pamlicocounty.org
Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)
Service(s) Offered: Partners with communities to deliver education and technology that enrich the lives, land and economy of North Carolinians.

Agency Name: Pamlico County Register of Deeds
Address: 202 Main Street, Bayboro, NC 28515
Phone: 252.745.4421
Fax: 252.745.7020
Website: www.pamlicocounty.org/register-of-deeds.aspx
Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)
Service(s) Offered: Serves as a depository of record of real estate deeds or other land titles that for the citizens of Pamlico County.

Agency Name: Town of Bayboro
Address: 301 Main Street, Bayboro, NC 28515
Phone: 252.745.4283
Fax: 252.745.6030
Email: townofbayboro@gmail.com
Website: <https://www.townofbayboro.net/>
Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

Agency Name: Town of Grantsboro
Address: 10628 NC Hwy.55, Grantsboro, NC 28539
Phone: 252.745.6511
Fax: 252.745.7705
Email: grantsboroNC@embarqmail.com
Website: <http://www.grantsboronc.com/>
Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

Agency Name: Town of Oriental
Address: 507 Church Street, Oriental, NC 28571
Phone: 252.249.0555
Fax: 252.745.7705
Email: manager@townoforiental.com
Website: <https://townoforiental.com/>
Hours of Operation: Monday – Thursday from 8am-4pm & Friday from 8am-3pm (Except county holidays)

Agency Name: **Town of Vandemere**
Address: P. O. Box 338, Vandemere, NC 28587
Phone: 252.745.5473
Fax: 252.745.5480
Email: townofvandemere@gmail.com
Website: <http://vandemerenc.com/index.html>
Hours of Operation: Monday – Thursday from 8am-4pm & Friday from 8am-3pm
(Except county holidays)

Mental Health

Agency Name: **Crossroads Adult Mental Health CarolinaEast Medical Center**
Address: 2000 Neuse Boulevard, New Bern, NC 28561
Phone: 252.638.8204
Website: <https://www.carolinaeasthealth.com/>
Service(s) Offered: Provides individualized psychiatric care in a warm, supportive atmosphere.

Agency Name: **Hope4NC**
24-Hour Crisis Line: **855.587.3463**
Text “Hope” to: 855.587.3463
Service(s) Offered: The Hope4NC Helpline (1-855-587-3463) is here to connect North Carolinians with emotional support and mental health resources to help build coping skills and resilience during times of crisis. The helpline is available free of charge to everyone in North Carolina’s 100 counties.

Agency Name: **RHA Health Services**
Address: 104 Pirates Road, New Bern, NC 28562
Phone: 800.848.0180
Fax: 919.803.2963
24-Hour Crisis Line: **844.709.4097**
Website: <https://rhahealthservices.org/>
Service(s) Offered: Provides a team of Behavioral Health Professionals and Crisis Intervention Specialists for on-site treatment, stabilization and support for the following counties: Brunswick, Carteret, Craven, Jones, New Hanover, Onslow, and Pamlico.

Agency Name: **Trillium Health Resources**
Address: 201 West First Street, Greenville, NC 27858
Business Line: 866.998.2597
24-Hour Access: **877.685.2415**
Website: www.trilliumhealthresources.org
Hours of Operation: Monday – Friday from 8:30am-5pm (Except federal holiday)
Service(s) Offered: Trillium Health Resources is a local governmental agency (LME/MCO) that manages mental health, substance use, and intellectual/developmental disability services in eastern North Carolina. They cover the following counties: Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin,

Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Tyrrell, and Washington.

Referral & Information Services

Agency Name: NC 2-1-1
24-Hour Hotline: 2.1.1. or 888.892.1162
Website: <https://www.nc211.org>
Hours of Operation: Available 24 hours a day, 7 days a week, 365 days a year.
Service(s) Offered: NC 2-1-1 is an information and referral service provided by United Way of North Carolina. Accessible via an easy-to-remember, three-digit number, families and individuals can call to obtain free and confidential information on health and human services and resources within their community.

Rent/Utilities/Housing

Agency Name: Catholic Charities
Address: 502 Middle Street, New Bern, NC 28560
Phone: 252.638.2188
Fax: 252.638.2417
Email: agnes.barber@raldioc.org
Website: <http://www.catholiccharitiesraleigh.org/new-bern/>
Hours of Operation: Monday - Thursday from 8:30am-12pm & 1pm-5pm
Service(s) Offered: Offers financial assistance, counseling, disaster prep & recovery, senior pharmacy and clinical counseling to the poor, isolated and vulnerable families in Eastern Carolina, regardless of faith. Serves Beaufort, Carteret, Craven, Jones, Onslow, and Pamlico Counties.

Agency Name: Coastal Community Action
Address: 303 McQueen Ave., Newport, NC 28570
Phone: 252.223.1630
Fax: 252.223.1689
Email: catissa.head@coastalca.org
Website: www.coastalca.org
Hours of Operation: Monday – Friday from 8am-5pm
Service(s) Offered: Help change lives by providing needed resources and support. Provides needed services to thousands of residents in our region annually. This includes Head Start and Early Head Start program. Serve the following counties: Carteret, Craven, Jones, and Pamlico Counties.

Agency Name: Department of Social Services
Address: 828 Alliance Main Street, Bayboro, NC 28515
Phone: 252.745.4086
Fax: 252.745.7384
Email: dgreen@pamlicodss.net
Website: www.pamlicocounty.org
Hours of Operation: Monday - Friday from 8am-5pm

Service(s) Offered: Provides Children's Services, Child Support, Adult Services, Energy Assistance Support, Food Stamp/Work First (TANF), Medicaid and Transportation for the citizens of Pamlico County.

Agency Name: Religious Community Services

Address: 919 George Street, New Bern, NC 28563

Phone: 252.633.2767

Fax: 252.633.1887

Email: zebhough@rcsnewbern.com

Website: www.rcsnewbern.com

Hours of Operation: Monday – Friday from 8am-1pm

Service(s) Offered: Assist the poor, homeless, and most vulnerable populations with surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and spirit.

Agency Name: Twin Rivers Opportunities, Inc.

Address: 318 Craven Street, New Bern, NC 28560

Phone: 252.637.3599

Fax: 252.637.0507

Email: tro_section8@earthlink.net

Website: www.twinrivershousing.com

Community Kitchen: Monday – Thursday from 8am-5pm

Service(s) Offered: Provides housing assistance and home ownership opportunities to very low-income families residing in Craven, Jones, and Pamlico Counties. This includes Section 8 Rental Assistance, FSS Programs and housing counseling.

Senior/Home Health Services

Agency Name: 3HC, Inc.

Address: 150 Techon Way, Pollocksville, NC 28573

Phone: 252.527.3869

Fax: 252.224.0329

Toll Free: 800.753.4443

24-Hour Referral: 800.692.4442

Website: www.3hc.org

Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)

Service(s) Offered: 3HC continues to provide quality care in the comfort of the place you call home through an array of services, such as skilled nursing, physical therapy, occupational therapy, speech therapy, social work and home health nursing aides. 3HC is accredited by CHAP (Community Health Accreditation Partner), a designation shared by only the best providers, in addition to being Medicare and Medicaid certified. We serve Craven, Jones, and Pamlico Counties.

Agency Name: Coastal Community Action
Address: 303 McQueen Ave., Newport, NC 28570
Phone: 252.223.1630
Fax: 252.233.1689
Email: catissa.head@coastalca.org
Website: www.coastalca.org
Hours of Operation: Monday – Friday from 8am-5pm
Service(s) Offered: Offers Foster Grandparent Program, Retired & Senior Volunteer, Senior Companion, HUD Section 8 Rental Assistance, Weatherization Assistance, Essential Single-Family Rehab Program, Heating/Air Repair & Replacement Program & Children’s Services.

Agency Name: Department of Social Services
Address: 828 Alliance Main Street, Bayboro, NC 28515
Phone: 252.745.4086
Fax: 252.745.7384
Email: dgreen@pamlicodss.net
Website: www.pamlicocounty.org
Hours of Operation: Monday - Friday from 8am-5pm
Service(s) Offered: Provides Children’s Services, Child Support, Adult Services, Energy Assistance Support, Food Stamp/Work First (TANF), Medicaid and Transportation for the citizens of Pamlico County.

Agency Name: Eastern Carolina Council
Address: 233 Middle Street, Suite 300, New Bern, NC 28563
Phone: 252.638.3185 ext. 3001
Fax: 252.638.3187
Email: eccadmin@eccog.org
Website: <http://www.eccog.org/>
Hours of Operation: Monday – Friday from 8am-5pm (Except holidays)
Service(s) Offered: To advocate, plan, develop and support comprehensive system of quality services designed to attain and preserve quality of life, health, and independence of older adults, individuals with disabilities, and caregiver.

Agency Name: Hospice of Pamlico County
Address: 602 Main Street, Bayboro, NC 28515
Phone: 252.745.5033
Fax: 252.745.7025
Website: <http://www.hospiceofpamlico.org/>
Hours of Operation: 24 hours a day, 7 days a week
Service(s) Offered: Provide the highest quality end-of-life care and support of individuals and their families, and to enhance the purpose, dignity, grace, and fullness of every day of life. Serves the needs of the terminally ill patients and their families in Pamlico, Beaufort and Craven Counties.

Agency Name: Pamlico County Senior Center
Address: 800 Main Street, Alliance, NC 28515
Phone: 252.745.7196
Fax: 252.745.3144
Website: <http://www.pamlicocounty.org/senior-services.aspx>
Hours of Operation: Monday – Friday from 7:30am-5pm (Except holidays)
Service(s) Offered: To promote and improve the well-being of older adults and to develop and provide appropriate facilities and services to older adults to enhance their quality of life.

Services for the Blind

Agency Name: NC Division of Services for the Blind
Address: 3240 Burnt Mill Drive, Suite 7, Wilmington, NC 28403
Phone: 910.251.5743
Toll-Free: 800.422.1884
Fax: 910.251.2660
Email: jordan.thomas@dhhs.nc.gov
Website: <https://www.ncdhhs.gov>
Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)
Service(s) Offered: Provides services to people who are visually impaired, blind, and deaf-blind to help them reach their goals of independence and employment. Counties served: Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Jones, New Hanover, Onslow, Pamlico, Pender, and Wayne.

Services for Deaf & Hard of Hearing

Agency Name: NC Division for the Deaf & Hard of Hearing
Address: 2705 Wooten Boulevard, Wilson, NC 27893
Phone: 252.243.3104
Toll Free: 800.999.6828
Video Phone: 252.674.1141
TTY: 252.243.1951
Toll Free TTY: 800.205.9925
Fax: 252.243.7634
Email: usherla.deberry@dhhs.nc.gov
Website: <https://www.ncdhhs.gov>
Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)
Service(s) Offered: Work to ensure all Deaf, Hard of Hearing, or Deaf-Blind North Carolinians have the ability to communicate their needs and to receive information easily and effectively in all aspects of their lives. Counties served: Beaufort, Bertie, Camden, Chowan, Craven, Currituck, Dare, Edgecombe, Gates, Greene, Halifax, Hertford, Hyde, Lenoir, Martin, Northampton, Pamlico, Pasquotank, Perquimans, Pitt, Tyrrell, Washington, Wayne and Wilson.

Substance Abuse Services

Agency Name: **Alcoholics Anonymous Eastern North Carolina**
24-Hour Hotline: **252.633.3716**
Website: <http://www.aaeasternnc.org/>
Service(s) Offered: Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. Membership is free. Down East Area covers the following counties: Beaufort, Carteret, Craven, Jones, Pamlico, Pitt, and Wayne.

Agency Name: **Coastal Coalition for Substance Abuse Program**
Address: 601 Broad Street, New Bern, NC 28563
Phone: 252.649.1615
Website: www.ccsap.org
Service(s) Offered: To collaborate with stakeholders to reduce substance abuse among youth and adults by promoting the factors that minimize the risk of substance abuse and by addressing the factors in the community that increases the risk of substance abuse. Creating communities Free from Substance Abuse in Carteret, Craven, Jones, Onslow and Pamlico Counties.

Agency Name: **NC Region of Narcotics Anonymous - Down East Area**
Address: DEANA, P. O. Box 590, Bridgeton, NC 28519
24-Hour Hotline: **866.321.1631**
Website: <http://www.ncregion-na.org/down-east-area>
Service(s) Offered: Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. Membership is free. Down East Area covers the following counties: Beaufort, Carteret, Craven, Jones, Pamlico, Pitt, and Wayne.

Agency Name: **Port Health Services**
Address: 1309 Tatum Drive, New Bern, NC 28560
Phone: 252.672.8742
Fax: 252.638.3742
Crisis Line: **866.488.7678**
Website: <http://www.porthealth.org/>
Service(s) Offered: Improves the lives, health, and well-being of individuals and families dealing with substance use and mental health disorders by providing a comprehensive range of services.

Transportation

Agency Name: **Craven Area Rural Transit System (CARTS)**
Address: 2822 Neuse Boulevard, New Bern, NC 28562
Phone: 252.636.4917
Fax: 252.636.4919
Website: www.cravencountync.gov
Hours of Operation: Monday – Friday from 7am-5:15pm (Except county holidays)
Service(s) Offered: Operates a fleet of 29 vehicles to accommodate the elderly and/or handicapped and a variety of other vehicles. It provides scheduled routes

to Human Service Agencies served by the system (i.e. DSS, Monarch, Port Human Services, Senior Citizen's Center, etc.). Fares ranges from \$1 to \$6.75 according to zoned distances.

Veteran Services

Agency Name:	Department of Veterans Affairs – Durham VA Medical Center
Address:	508 Fulton Street, Durham, NC 27705
Phone:	919.286.0411
Toll Free:	888.878.6890
Website:	https://www.durham.va.gov/
Service(s) Offered:	VA's medical center provides the following services: primary care and specialty care services, behavioral health services, personal care, laboratory and prescriptions.
Agency Name:	Department of Veterans Affairs – Greenville Health Care Center
Address:	401 Moye Boulevard, Greenville, NC 27834
Phone:	252.830.2149
Website:	https://www.durham.va.gov/locations/Greenville.asp
Hours of Operation:	Monday - Friday from 8am-4:30pm (Except federal holidays)
Service(s) Offered:	VA's medical center provides the following services: primary care and specialty care services, behavioral health services, personal care, laboratory and prescriptions.
Agency Name:	NCServes - Coastal
Address:	237 New River Drive Suite 1, Jacksonville, NC 28540
24 Hour Hotline:	844.435.1838
Website:	http://coastal.americaserves.org/
Hours of Operation:	Tuesday, Wednesday & Thursday from 11am-3pm
Service(s) Offered:	Offer service members veterans, and their families access to a class-leading continuum of providers that runs the gamut from superior housing and emergency service providers to employment, recreation and fitness, financial capabilities and more.
Agency Name:	North Carolina Veteran's Business Association
Address:	8311 Brier Creek Parkway, Suite 105-404, Raleigh, NC 27617
24 Hour Hotline:	800.273.8255
Email:	info@ncvetbiz.org
Website:	https://www.ncvetbiz.org/
Hours of Operation:	Monday – Friday from 9am-5pm.
Service(s) Offered:	NC VetBiz was formed to assist veterans, veteran professionals, and veteran business owners. As a member–operated association of veteran professionals and business owners, our intent is to develop and strengthen a veterans' business network in North Carolina.
Agency Name:	Onward to Opportunity
Phone:	910.467.2615
Email:	bganley@syr.edu & mmurra03@syr.edu
Website:	https://ivmf.syracuse.edu/programs/career-training/
Service(s) Offered:	O2O is a free career training program that provides professional certification and employee support services to transitioning service

members, veterans and military spouses. O2O combines industry-validated curricula, strong partnerships with leading veteran service organizations and private sector companies, and comprehensive career coaching services to prepare and match you with your next career.

Agency Name: **Pamlico County Veteran Services Office**
Address: 828 Main Street, Bayboro, NC 28509
Phone: 252.745.4086 ext. 289
Fax: 252.745.7384
Website: <http://www.pamlicocounty.org/>
Hours of Operation: Tuesday, Wednesday & Thursday from 11am-3pm
Service(s) Offered: Assist all Pamlico County military veterans and their eligible family members with applying for benefits through the Department of Veteran Affairs and other agencies. Please call and schedule an appointment.

Agency Name: **The Veteran's Farm of North Carolina**
Phone: 252.725.4875
Email: VetFarmofNC@gmail.com
Website: <http://www.vfnc.org/>
Service(s) Offered: VFNC works with beginning farmer veterans to help them become successful farmers through one-on-one counseling. Since its inception, VFNC has been fulfilling the huge need for guidance that veterans need while beginning their farming lifestyles and careers. If you're looking into becoming a farmer, give us a call and let us help guide you into your interests with many people of different backgrounds hoping to help you make wise decisions in both business and production.

Agency Name: **Veteran Crisis Line**
24 Hour Hotline: **800.273.8255 and Press 1**
Chat: <https://www.veteranscrisisline.net/get-help/chat>
Text: 838255
Website: <https://www.veteranscrisisline.net/>
Service(s) Offered: If you're a Veteran in crisis or concerned about one, there are caring, qualified VA responders standing by to help 24 hours a day, 7 days a week. The Veterans Crisis Line is a free, anonymous, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care.

Agency Name: **Veteran's National Call Center for Homeless Veterans**
24 Hour Hotline: **877.424.3838**
Website: <https://www.va.gov/homeless/nationalcallcenter.asp>
Service(s) Offered: Free Help for Homeless Veterans. Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.

Agency Name: **VetCenter**
Address: 110-A Branchwood Drive, Jacksonville, NC 28546
Phone: 910.577.1100
Fax: 910.482.5085
Website: <https://www.fayettevillenc.va.gov/locations/JacksonvilleVetCenter.asp>
Service(s) Offered: The Vet Center provides a wide range of services to Combat Veterans and Active Duty members and their families in an effort to make a satisfying transition to civilian life.

Agency Name: **Women Veterans Health Care**
24 Hour Hotline: **855.829.6636**
Website: www.womenshealth.va.gov
Service(s) Offered: Women Veterans are eligible for the same VA benefits as male Veterans. Comprehensive health services are available to women Veterans including primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventative care, contraceptive services, menopause management, screenings, including pap smear, and gynecology.

Agency Name: **Veteran Crisis Line**
24 Hour Hotline: **800.273.8255 and Press 1**
Website: <https://www.veteranscrisisline.net/>
Service(s) Offered: If you're a Veteran in crisis or concerned about one, there are caring, qualified VA responders standing by to help 24 hours a day, 7 days a week. The Veterans Crisis Line is a free, anonymous, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care.